

MICHALIS CHARALAMBOUS

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EDUCATION

BSc of Sports Science and Physical Education | European University Cyprus

SEPTEMBER 2014 – JUNE 2018

Clinical Ergophysiology, Pathophysiology, Physical Activity and Aging, Management and Operation of Sports Infrastructures, Athletic Biomechanics, Teaching PA in Primary and Secondary Education, Biochemistry of Exercise, Sports Medicine.

Apolytirion | Ethnomartyra Kyprianou High School

SEPTEMBER 2009 – JUNE 2012

EXPERIENCE

Coach at Athletic School of Nicosia | Kykkos B' and Engkomi's High School

SEPTEMBER 2020 – PRESENT

Taekwondo

Practical Exercise and Experience | Sports for All (AGO)

OCTOBER 2017 – MAY 2018

Taekwondo lessons

ACTIVITIES

Member of the National team of Taekwondo 2007 – 2013 (2 Dan)

Accomplishments: *1st place* 2009, 2011, *2nd place* 2007, 2010, 2011, *3rd place* 2010, 2013.

Participation in international and European championships.